

## **2020 CAPTAIN RESPONSIBILITIES**

Classroom rehearsals and Competitions can easily become hectic and stressful for dancers, parents and teachers alike. Being calm and positive sets the tone and makes rehearsals and comp weekends more enjoyable for everyone. You are the main representative for your group, therefore responsible and accountable for their actions and for setting a positive tone. Take pride in your position and take it seriously. This position was not just handed to you; you earned it.

### **In Class/Before Comp:**

- Take attendance (EVERY WEEK).
- Make sure the group comes into class, & doesn't stay in the lobby too long.
- Get music going if asked to by the teacher.
- Lead review upon entering the classroom. Be aware of what is being reviewed, don't just go through the motions.
- Positively yell out counts/changes/reminders etc.
- Respectfully take control of the class if teacher is busy.
- Count when someone needs to.
- Make final decision about arms/heads/count discrepancy unless teacher corrects it.
- Be constructive, not critical!
- Constructive group pow-wows are always helpful when needed and cheering each other on while performing, especially if the energy in the room is down.
- Be as helpful as possible to the teacher; address excess talking/laughing/goofing off before teacher needs to.
- If props are involved in the routine, assign classmates jobs to create a quick set up and tear down for all classes and rehearsals.
- Be sure to practice walk ons and walk offs.
- Review how garment bags are to be set up, all pieces to the costume, correct shoes, tights, jewelry and how hair is to be worn.
- Label ALL costume pieces and shoes.
- Make sure everyone knows what time to be at comp (2 hours before performance time).

## At Comp:

- Designate a spot to practice at. Be sure everyone knows where it is and when to be there. Leave a reasonable amount of time for yourselves before the dance goes on.
- Have a copy of the music or a device to use to practice with .
- Lead a group stretch.
- Practice the dance and go over any changes FULL-OUT .
- Review walk on and walk off prior to going backstage .
- Check to make sure everyone has their costume pieces pinned if applicable.
- Check to make sure everyone's hairpiece is placed correctly and if anyone needs hairspray.
- If the competition schedule does not allow time for a hair change, talk to the teacher for advice on what to do.
- Make sure everyone's makeup is fresh; do a lipstick/blush check.
- Check to make sure everyone has the correct undergarments, especially for hip hop (correct socks, nike pros, etc.)
- Know your group's entry number and stage time!!
- Know the number of people in your group and how many start on each side!!!
- Be aware of quick changes before and after.
- Kindly talk to the prop dads backstage before your dance goes on stage to see if they have any questions. Remember that they are helping out of the goodness of their hearts so do not yell or become upset if something goes wrong. They are there to support you, so do the same for them.
- Say the chant and pinkies in a circle before your performance. Do not disrupt others or create an obnoxious scene. The chant is a serious focus and coming together moment, so speak it that way.
- Make sure the group is not blocking any major hallways, dressing room doors, etc.
- Stay away from the wings before your dance.
- Bring any extra costume pieces you were given.

## General reminders for everyone:

- Always have a positive attitude.
- Be polite and respectful towards other studios.
- Be aware that you are representing the studio at all times.
- Participation during awards is a must. Everyone is to be on stage, not in the wings, unless instructed by the competition to do so. We pride ourselves on great sportsmanship so be sure to clap for all routines and make sure everyone from TMSOD is doing the same. Remind everyone about quickly and quietly standing for all 1<sup>st</sup> place overall awards. There are to be **no cell phones** on stage unless part of the media team and told to take pictures.